

Summer 2018

EAT WELL WITH
BUBBLE &
SQUEAK

16th April, 7th May, 28th May, 18th June, 9th July 2018

WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Sausage & Mash with gravy	▲ Pizza Day Meat toppings	▲ Roast Chicken with stuffing gravy and potatoes	▲ Lasagne	Fishcake with chips and tomato sauce
▼ Sweet Potato & Chickpea Curry with wholegrain rice	▼ Pizza Day Veggie toppings	▼ Broccoli & Cauliflower Cheese Crumble	▼ Bean & Vegetable Chilli with wholegrain rice and baked nachos	▼ Quorn Dog with chips and tomato sauce
Custard Biscuit with fruit slices	Sticky Toffee & Banana Pudding	Carrot Cake	Berry Cheesecake	Chocolate Brownie Surprise

23rd April, 14th May, 4th June, 25th June, 16th July 2018

WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
▲ All Day Breakfast Pork sausage, bacon, hash brown, tomato, baked beans	▲ Beef Bolognese with wholemeal penne pasta	▲ Roast Gammon with pineapple and oven baked wedges	▲ Chicken Curry with wholegrain rice	Battered Fish with chips
▼ Veg - All Day Breakfast Quorn sausage, hash brown, tomato, baked beans	▼ Cheese, Leek & Potato Bake with beans	▼ Vegetable & Bean Wrap	▼ Cheese & Tomato Pinwheel with oven baked wedges	▼ Roasted Vegetable Pasta Bake
Shortbread Biscuit with fruit slices	Iced Fruit Sponge	Apple Pie with custard	Chocolate Krispie	Fruity Jelly Mousse

9th April, 30th April, 21st May, 11th June, 2nd July, 23rd July 2018

WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
▲ Chicken Noodles	▲ Beef Burger in a Bun with oven baked potato wedges	▲ Roast Pork with apple sauce, gravy and potatoes	▲ Chicken & Roasted Vegetable Pasta Bake	Salmon Fish Fingers with chips
▼ Baked Bean & Cheese Wrap	▼ Veggie Bolognese with wholemeal pasta	▼ Quorn Roast with gravy and potatoes	▼ Homemade Vegetable Burger with oven baked wedges	▼ Macaroni Cheese with herby bread
Strawberry Mousse	Fruit Crumble with custard	Sultana and Oat Cookie with fruit slices	Fruit Jelly with ice cream	Chocolate Crunch

We offer seasonal
vegetables,
bread, yoghurt
and fruit daily.
(allergy information is
available)

Served Daily

A baked jacket potato with a
choice of toppings



- ▲ Meat
- ▼ Veggie
- Jacket Potato
- ◆ Packed Lunch

Option 2



BUBBLE